



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary



P.O. Box 8461, Honolulu, HI 96830-8461  
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St. Michael the Archangel defend us in the day of battle!



JESUS I TRUST IN YOU!

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## MARCH 17<sup>th</sup> SAINT PATRICK

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### Saint Patrick



Saint Patrick was early trained in Christian virtue in the bosom of a wealthy family in Britain. In his youth he was captured by pirates and sold into slavery in Ireland, where he suffered, by turns, hunger, cold, and ill-treatment. He endured all with heroic courage and gave himself up to the exercise of fervent prayer. Having regained his liberty, he hastened to a monastery in France, where he sedulously qualified

himself for his future apostolate. When fully prepared he made his way to Rome, and besought the Holy Father to send him as missionary to Ireland. The Pope gladly consented, consecrated him bishop, and sent him forth with other evangelical laborers to the land of his bondage. For thirty years Saint Patrick labored in his beloved mission, and, with incredible toil, zeal, and devotion, converted almost the whole of Ireland to the Christian faith. The great apostle expired joyfully about the year 364.

### The Prayer of St. Patrick

I arise today  
Through a mighty strength, the invocation of the Trinity,  
Through a belief in the Threeness,  
Through confession of the Oneness  
Of the Creator of creation.  
I arise today  
Through the strength of Christ's birth and His baptism,  
Through the strength of His crucifixion and His burial,  
Through the strength of His resurrection and His ascension,  
Through the strength of His descent for the judgment of doom.  
I arise today  
Through the strength of the love of cherubim,  
In obedience of angels,  
In service of archangels,  
In the hope of resurrection to meet with reward,  
In the prayers of patriarchs,  
In preachings of the apostles,  
In faiths of confessors,  
In innocence of virgins,  
In deeds of righteous men.  
I arise today Through the strength of heaven; Light of the sun,  
Splendor of fire, Speed of lightning, Swiftmess of the wind,  
Depth of the sea, Stability of the earth, Firmness of the rock. I arise today Through  
God's strength to pilot me;  
God's might to uphold me,  
God's wisdom to guide me,  
God's eye to look before me,

God's ear to hear me,  
God's word to speak for me,  
God's hand to guard me,  
God's way to lie before me,  
God's shield to protect me,  
God's hosts to save me  
From snares of the devil,  
From temptations of vices,  
From everyone who desires me ill,  
Afar and anear,  
Alone or in a multitude.

I summon today all these powers between me and evil, Against every cruel merciless power that opposes my body and soul,  
Against incantations of false prophets,  
Against black laws of pagandom,  
Against false laws of heretics,  
Against craft of idolatry,  
Against spells of women and smiths and wizards,  
Against every knowledge that corrupts man's body and soul.  
Christ shield me today  
Against poison, against burning,  
Against drowning, against wounding,  
So that reward may come to me in abundance.  
Christ with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ when I lie down, Christ when I sit down,  
Christ in the heart of every man who thinks of me,  
Christ in the mouth of every man who speaks of me,  
Christ in the eye that sees me,  
Christ in the ear that hears me.

**[Note that people sometimes pray a shorter version of this prayer just with these 15 lines about Christ above. The conclusion follows below.]**

I arise today  
Through a mighty strength, the invocation of the Trinity,  
Through a belief in the Threeness,  
Through a confession of the Oneness Of the Creator of creation.

### St Patrick's Breastplate

Christ be with me, Christ within me  
Christ behind me, Christ before me  
Christ beside me, Christ to win me  
Christ to comfort me and restore me.  
Christ beneath me, Christ above me  
Christ in quiet, Christ in danger  
Christ in hearts of all that love me  
Christ in mouth of friend or stranger.





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## St. Patrick's Prayer



May the Strength of God pilot us.  
May the Power of God preserve us.  
May the Wisdom of God instruct us.  
May the Hand of God protect us.  
May the Way of God direct us.  
May the Shield of God defend us.  
May the Host of God guard us  
Against the snares of the evil ones,  
Against temptations of the world.

May Christ be with us!  
May Christ be before us!  
May Christ be in us,  
Christ be over all!  
May Thy Salvation, Lord,  
Always be ours,  
This day, O Lord, and evermore.  
Amen.

## Prayer to St. Patrick, Patron Saint of Ireland

Dear St. Patrick, in your humility, you called yourself a sinner, but you became a most successful missionary and prompted countless pagans to follow the Savior. Many of their descendants in turn spread the Good News in numerous foreign lands. Through your powerful intercession with God, obtain the missionaries we need to continue the work you began.  
Amen.

## Hail, Glorious St. Patrick

Hail, glorious St. Patrick! we, honor your name, Tho' Erin may claim you, the world knows your fame. The faith of our fathers is our treasure too, How holy the thought, that they learned it from you. Thru crosses and trials its fires burn bright, They show us the way, and the truth, and the light, Great Saint! Intercede, that we always may be devoted and loyal, true children of yours. Our love and devotion be ever like yours, Our thought be of Jesus, our heart be His shrine. And when to the end of life's path we have trod, Be near us great Bishop, Anointed of God.  
Amen.

## An Irish Blessing

May the road rise to meet you, May the wind be always at your back, May the sun shine warm upon your face, the rains fall soft upon your fields and, until we meet again may God hold you in the palm of his hand.  
Amen.

## Prayer to Saint Patrick

O great Apostle of Ireland, glorious St. Patrick, to whom under God, so many are indebted for the most precious of all treasures, the great gift of Faith, receive our fervent thanks for the zeal and charity which have been to thousands the source of blessings so invaluable. Ask for all who dwell in this land and the land of thy labors, the precious light of Faith, and beg for us on whom its glorious rays have long since beamed, the grace to regulate our lives by its sacred maxims. Amen.



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## PRAYER REQUEST

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## An Old Irish Blessing for St. Patrick's Day

May your days be many and your troubles be few.  
May all God's blessings descend upon you.  
May peace be within you, may your heart be strong.  
May you find what you're seeking wherever you roam.  
May the strength of God pilot us,  
May the wisdom of God instruct us.  
May the hand of God protect us, may the word of God direct us.  
May thy Salvation, O Lord, be always ours this day and for evermore.  
Amen.

## COLLECT PRAYER

O God, who chose the Bishop Saint Patrick to preach your glory to the peoples of Ireland, grant, through his merits and intercession, that those who glory in the name of Christian may never cease to proclaim your wondrous deeds to all. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.  
Amen.

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## St Patrick - The Irish Legend

[YouTube https://youtu.be/ndUfgHopiPI](https://youtu.be/ndUfgHopiPI)

## The Torchlighters: The St. Patrick Story | Full Episode | David Thorpe | Max Marshall

[YouTube https://youtu.be/ErPpSE47ihI](https://youtu.be/ErPpSE47ihI)

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## Story of Saint Patrick | English | Stories of Saints

[YouTube https://youtu.be/KmuPUrnoyEg](https://youtu.be/KmuPUrnoyEg)

## The History of Saint Patrick - a Short Story

[YouTube https://youtu.be/xOqWT2tk9Js](https://youtu.be/xOqWT2tk9Js)

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## The History of St. Patrick's Day

[YouTube https://youtu.be/LmNc-NTfmPc](https://youtu.be/LmNc-NTfmPc)

## Saint Patrick explained

[YouTube https://youtu.be/A6ZbN1R7Bos](https://youtu.be/A6ZbN1R7Bos)

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