



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

P.O. Box 8461, Honolulu, HI 96830-8461  
Phone: USA (808) 943-7088  
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<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



JESUS I TRUST IN YOU!



<https://saintmichaelusa.org/0716-our-lady-of-mount-carmel/>

JULY 16<sup>th</sup>

## OUR LADY OF MOUNT CARMEL



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### A Prayer to Our Lady of Mount Carmel



O most beautiful Flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this my necessity. O Star of the Sea, help me and show me herein that you are my Mother.

O Holy Mary, Mother of God, Queen of Heaven and earth, I humbly beseech you

from the bottom of my heart, to succor me in this my necessity. There are none that can withstand your power. O show me herein that you are my Mother.

O Mary, conceived without sin, pray for us that have recourse to thee. **(Repeat three times)** Sweet Mother, I place this cause in your hands. **(Repeat three times)** Amen.

### Novena To Our Lady of Mount Carmel



**First Day** O Beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother! **(pause and mention petitions)** Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Second Day** Most Holy Mary, Our Mother, in your great love for us you gave us the Holy Scapular of Mount Carmel, having heard the prayers of your chosen son Saint Simon Stock. Help us now to wear it faithfully and with devotion. May it be a sign to us of our desire to grow in holiness. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Third Day** O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your faithful children. may we always wear it with honor by avoiding sin and imitating your virtues. Help us to be faithful to this desire of ours. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Fourth Day** When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own children. We ask you to gain for us from your Son the grace to live as you children in joy, peace and love. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be

Our Lady of Mount Carmel, pray for us.

**Fifth Day** O Mother of Fair Love, through your goodness, as your children, we are called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God's people. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Sixth Day** With loving provident care, O Mother Most Amiable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Seventh Day** O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us in both body and soul with your continual aid. may all that we do be pleasing to your Son and to you. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Eighth Day** You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope. Grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints. **(pause and mention petitions)** Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us.

**Ninth Day** O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you gave assurance of your Motherly love and help to those faithful to you and to your Son. Behold us, your children. We glory in wearing your holy habit, which makes us members of your family of Carmel, through which we shall have your powerful protection in life, at death and even after death. Look down with love, O Gate of Heaven, on all those now in their last agony! Look down graciously, O Virgin, Flower of Carmel, on all those in need of help! Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children. Look down tenderly,

O Queen of All Saints, on the poor souls! **(pause and mention petitions)**

Say: Our Father, Hail Mary and Glory Be Our Lady of Mount Carmel, pray for us





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## Litany (Response to each petition: Pray for us)



Holy Mary.  
Mother of God.  
Mother of our Redeemer.  
Mother of a lost child.  
Mother of comfort and understanding.  
Mother who shares our joys.  
Mother who endures our sorrows.  
Mother whose heart was pierced by a

sword.  
Mother most merciful.  
Woman responsive to God's word.  
Woman willing to believe the impossible. Woman who rejoices in her lowliness.  
Woman with an undivided heart.  
Woman wrapped in mystery.  
Woman moved by the Spirit.  
Woman champion of the poor and lowly;  
Woman graced by a husband's love. Woman widowed by a husband's death. Woman at the cross.  
Woman patient and waiting. Woman clothed with the sun.  
Queen of all beauty. Queen of integrity. Queen of painful meetings. Queen of all our heart's treasures. Queen of our destiny. Queen of peace.

## Prayer to Our Lady of Mount Carmel



O most radiant blossom in the garden of God who opened so completely to the seed of Divine love, plant yourself now in the reality of my heart. Turning to you as a sister take my hand in yours and share with me your gift of faith. As we climb the mountain to God, remind me that the overshadowing presence of the Holy Spirit will open the vision of my soul to all that I cannot see. Yearning for you as mother lift me onto your lap and hold me gently in the arms of hope, sharing with me the promise of new life passing from one generation to the next. Reaching out to you as patroness enfold me in your mantle of care permeate my spirit with the grace of love. May my yield for you be full and my service to God complete. As Our Lady of This Place, continue to be my guiding star; ignite in me wisdom that I might follow your lead, conceiving the Word within, and bringing Jesus to birth in yet a new day and time.

**Pray Everyday ! Go to Daily Mass if you can !  
Volunteer for the Church ! God Bless You !**



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## Prayer to Our Lady of Mount Carmel

Thou who, with special mercy, look upon those clothed in thy beloved Habit, cast a glance of pity upon me.  
Fortify my weakness with thy strength; enlighten the darkness of my mind with thy wisdom; increase my faith, hope and charity. Assist me during life, console me by thy presence at my death, and present me to the August trinity as thy devoted child, that I may bless thee for all eternity in Paradise.  
Amen.

SCAN ME



### True Facts about the Brown Scapular

[YouTube https://youtu.be/STYf0aWStEA](https://youtu.be/STYf0aWStEA)

## Prayer to Our Lady of Mount Carmel

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[YouTube https://youtu.be/mdFZdagFdEo](https://youtu.be/mdFZdagFdEo)

SCAN ME



## Our Lady of Mt. Carmel and the Brown Scapular

[YouTube https://youtu.be/gd775dUxkGU](https://youtu.be/gd775dUxkGU)

## Our Lady of Mt. Carmel (Feast Day 16 July)

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[YouTube https://youtu.be/RP2xQgg0M7E](https://youtu.be/RP2xQgg0M7E)

SCAN ME



## The History of Our Lady of Mount Carmel

[YouTube https://youtu.be/IGrAOft2Uzo](https://youtu.be/IGrAOft2Uzo)

## Our Lady of Mt. Carmel (Children)

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[YouTube https://youtu.be/VLJ2VupvOfM](https://youtu.be/VLJ2VupvOfM)



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## SEND A PRAYER REQUEST WE PRAY FOR YOU

<https://saintmichaelusa.org/prayer-request/>

Text Your Prayer Request with your name and email

**(808)203-7467**

