



*You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.*

*Mk 12:30*

# BLESS MY FAMILY BLESS MY CHURCH

**St. Michael Center for the Blessed Virgin Mary**



P.O. Box 8461, Honolulu, HI 96830-8461  
Phone: USA (808) 943-7088  
GoodNews@SaintMichaelUSA.org  
<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



**JESUS  
I TRUST  
IN YOU!**

SCAN ME



**OCTOBER 15<sup>th</sup>**

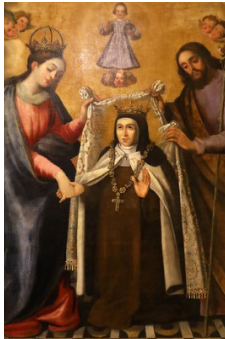
**SAINT TERESA OF AVILA**

<https://saintmichaelusa.org/1015-St-Teresa-Avila>



[www.facebook.com/  
StMichaelCenter](http://www.facebook.com/StMichaelCenter)

## Prayer of Saint Teresa of Avila



Lord, grant that I may always allow myself to be guided by You, always follow Your plans, and perfectly accomplish Your Holy Will. Grant that in all things, great and small, today and all the days of my life, I may do whatever You require of me. Help me respond to the slightest prompting of Your Grace, so that I may be Your trustworthy instrument for Your honour. May Your Will be done in time and in eternity by me, in me, and through me. Amen.

## Prayer of Saint Teresa of Avila

Let nothing disturb you, let nothing frighten you, all things will pass away. God never changes; patience obtains all things, whoever has God lacks nothing. God alone suffices. Amen.

## St. Teresa of Avila

O Saint Teresa, seraphic Virgin, beloved spouse of thy crucified Lord, thou who on earth didst burn with a love so intense toward thy God and my God, and now dost glow with a brighter and purer flame in paradise: obtain for me also, I beseech thee, a spark of that same holy fire which shall cause me to forget the world, all things created, and even myself; for thou didst ever avidly desire to see Him loved by all men. Grant that my every thought and desire and affection may be continually directed to doing the will of God, the supreme Good, whether I am in joy or in pain, for He is worthy to be loved and obeyed forever. Obtain for me this grace, thou who art so powerful with God; may I be all on fire, like thee, with the holy love of God. Amen.

## Growing Older

Lord, You know better than I myself that I am growing older and will someday be old. Keep me from the fatal habit of thinking I must say something on every subject and on every occasion. Release me from craving to straighten out everybody's affairs. Make me thoughtful but not moody; helpful but not bossy. With my vast store of wisdom, it seems a pity not to use it all; but You know, Lord, that I want a few friends at the end. Keep my mind free from the recital of endless details; give me wings to get to the point. Seal my lips on my aches and pains; they are increasing, and love of rehearsing them is becoming sweeter as the years go by. I dare not ask for improved memory, but for a growing humility and a lessening cock-sureness when my memory seems to clash with the memories of others. Teach me the glorious lesson that occasionally I may be mistaken. Keep me reasonably sweet, for a sour old person is one of the crowning works of the devil. Give me the ability to see good things in unexpected places and talents in unexpected people; and give, O Lord, the grace to tell them so. Amen.

Created For You With Faith, Hope and Love by the St.Michael Center <https://saintmichaelusa.org/>

## A Prayer of St. Teresa of Avila

Christ has no body but yours,  
no hands, no feet on earth but yours.  
Yours are the eyes with which he looks compassionately on this world.  
Yours are the feet with which he walks to do good.  
Yours are the hands, with which he blesses all the world.  
Yours are the hands.

Yours are the feet.  
Yours are the eyes.  
You are his body.  
Christ has no body now but yours, no hands, no feet on earth but yours.  
Yours are the eyes with which he looks compassionately on this world. Christ has no body now on earth but yours. Amen.

## Thy Love for Me is Strong

If Lord, Thy love for me is strong  
As this which binds me unto thee,  
What holds me from thee Lord so long,  
What holds thee Lord so long from me?  
O soul, what then desirest thou?  
Lord I would see thee, who thus choose thee.  
What fears can yet assail thee now?  
All that I fear is but lose thee.

Love's whole possession I entreat,  
Lord make my soul thine own abode,  
And I will build a nest so sweet  
It may not be too poor for God.  
A soul in God hidden from sin,  
What more desires for thee remain,  
Save but to love again,  
And all on flame with love within,  
Love on, and turn to love again.

## Biography of Saint Teresa of Avila

**YouTube** <https://youtu.be/Vn4v6atYpq8>

SCAN ME



## Saint Teresa of Avila | A Life of Mystical Experience | Carmelite Saint

**YouTube** <https://youtu.be/0ui1WtoAX7o>

## St. Teresa of Avila HD

**YouTube** <https://youtu.be/PhBwlI90n4U>

SCAN ME



## St Teresa of Avila (Feast day 15-Oct): In the Company of Saints We Become Saints

**YouTube** <https://youtu.be/N1oWZy2ahKU>

SCAN ME



SCAN ME

