



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary



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Phone: USA (808) 943-7088
GoodNews@SaintMichaelUSA.org
<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



JESUS I TRUST IN YOU!

SCAN ME



DECEMBER 14th SAINT JOHN OF THE CROSS

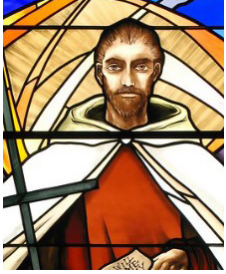


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Saint John of the Cross



John d'Ypez was a contemporary and co-worker of Saint Teresa of Jesus. He was born in her native place, Avila, in 1542, and was blessed by God with a saintly mother who trained him in the school of Christ, until the youth thirsted for nothing more ardently than to become a living-copy of his suffering Master. At the age of twenty-one, he entered the Carmelite monastery at Medina, and took there the name of "John of the Cross." He laboured with Saint Teresa in the reform of their great Order, and was himself the first barefooted or discalced Carmelite His virtue was proved and perfected by many extraordinary trials; but all his sufferings served only to increase his profound spirit of humility and mortification. He died on December 14, 1591; and God glorified His servant by numerous miracles.

Prayer of Peace (By St John of the Cross)

O Blessed Jesus, grant me stillness of soul in Thee. Let Thy mighty calmness reign in me. Rule me, O thou King of gentleness, King of peace. Give me control, control over my words, thoughts and actions. From all irritability, want of meekness, want of gentleness, O dear Lord, deliver me. By thine own deep patience give me patience, stillness of soul in Thee. Make me in this, and in all, more and more like Thee. Amen.

Saint John of the Cross Prayer

O abyss of delights! You are so much the more abundant the more Your riches are concentrated in the infinite unity and simplicity of Your unique being, where one attribute is so known and enjoyed as not to hinder the perfect knowledge and enjoyment of the other; rather, each grace and virtue within You are a light for each of Your other grandeurs. By Your purity, O divine Wisdom, many things are beheld in You through one. For You are the deposit of the Father's treasures, the splendor of the eternal light, the unspotted mirror and image of His goodness.

Awaken and enlighten us, my Lord, that we might know and love the blessings which You ever propose to us, and that we might understand that You have moved to bestow favors on us and have remembered us.

O Lord, my God, who will seek You with simple and pure love and not find You are all he desires, for You show Yourself first and go out to meet those who desire You?

My spirit has become dry because it forgets to feed on You.

St. John of the Cross Novena



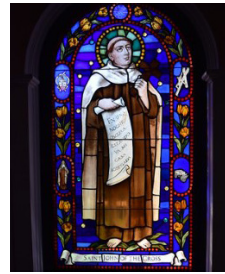
Almighty Father, you endowed John of the Cross with a spirit of self-denial and a love of the Cross. By following his example, may we come to the eternal vision of your glory. We ask this through our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God, forever and ever. Amen.

(Mention your request here...)

St. John of the Cross, pray for us.

Say 1: Our Father... Say 1: Hail Mary... Say 1: Glory Be...

Prayers of St. John of the Cross



Let Your divinity shine on my intellect by giving it divine knowledge, and on my will by imparting to it the divine love and on my memory with the divine possession of glory.

Let us so act that by means of this loving activity we may attain to the vision of ourselves in Your beauty in eternal life. That is: That I be so transformed in Your beauty

that we may be alike in beauty, and both behold ourselves in Your beauty, possessing now Your very beauty; this, in such a way that each looking at the other may see in the other his own beauty, since both are Your beauty alone, I being absorbed in Your beauty; hence, I shall see You in Your beauty, and You shall see me in Your beauty, and I shall see myself in You in Your beauty, and You will see Yourself in me in Your beauty; that I may resemble You in Your beauty, and You resemble me in Your beauty, and my beauty will be Your beauty and Your beauty my beauty; wherefore I shall be You in Your beauty, and You will be me in Your beauty, because Your very beauty will be my beauty; and therefore we shall behold each other in Your beauty.





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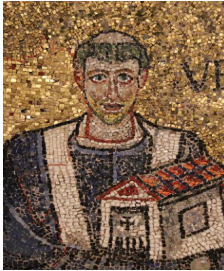
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Light and Love



"Mine are the heavens and mine is the earth. Mine are the nations, the just are mine, and mine the sinners. The angels are mine, and the Mother of God, and all things are mine; and God himself is mine and for me, because Christ is mine and all for me. What do you ask, then, and seek, my soul?

Yours is all of this, and all is for you. Do not

engage yourself in anything less or pay heed to the crumbs that fall from your Father's table. Go forth and exult in your Glory! Hide yourself in it and rejoice, and you will obtain the supplications of your heart."

Stillness of Soul

O Blessed Jesus, give me stillness of soul in You. Let Your mighty calmness reign in me. Rule me, O King of Gentleness, King of Peace.

Prayer to St John of the Cross



O glorious St. John of the Cross, through a pure desire of being like Jesus crucified, you longed for nothing so eagerly as to suffer, to be despised, and to be made little of by all; and your thirst after sufferings was so burning that your noble heart rejoiced in the midst of the cruelest torments and afflictions.

Grant, I beseech you, O dear Saint, by the glory which your many sufferings have gained for you, to intercede for me for (mention request here...) and obtain from God for me a love of suffering, together with strength and grace to bear with firmness of mind all the trials and adversities which are the sure means to the happy attainment of all that awaits me in heaven.

Dear Saint, from your most happy place in glory, hear, I beseech you, my prayers, so that after your example, full of love for the cross I may deserve to be your companion in glory.

Amen

SEND A PRAYER REQUEST WE PRAY FOR YOU

<https://saintmichaelusa.org/prayer-request/>

Text Your Prayer Request with your name and email

(808)203-7467



**SPEND MORE TIME IN DAILY PRAYER.
INVITE FAMILY MEMBERS & FRIENDS
TO GO TO SUNDAY MASS.**

**Pray Everyday ! Go to Daily Mass if you can !
Volunteer for the Church ! God Bless You !**



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**St. John of the Cross:
Doctor of Detachment**

YouTube <https://youtu.be/5Jw-35jFd3l>

**Bishop Barron at the Tomb of
St. John of the Cross**

YouTube <https://youtu.be/DAXiL0Zi7ys>

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**St. John of
the Cross HD**

YouTube <https://youtu.be/WQauCZ7GsyY>

**Saint John of the Cross | Stories of
Saints | Episode 116**

YouTube <https://youtu.be/o6gjUbs5iZ4>

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