



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

P.O. Box 8461, Honolulu, HI 96830-8461  
Phone: USA (808) 943-7088  
GoodNews@SaintMichaelUSA.org  
<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



JESUS I TRUST IN YOU!

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19<sup>TH</sup> MAY 2024

PENTECOST SUNDAY

<https://saintmichaelusa.org/pentecost/>



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## Prayer to the Holy Spirit



Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you will renew the face of the earth.

Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to relish what is right

and always rejoice in your consolation. We ask this through Christ our Lord.

Amen.

## Prayers for Pentecost

Come, Holy Spirit, Creator blest, and in our souls take up Thy rest; come with Thy grace and heavenly aid to fill the hearts which Thou hast made. O comforter, to Thee we cry, O heavenly gift of God Most High, O fount of life and fire of love, and sweet anointing from above. Thou in Thy sevenfold gifts are known; Thou, finger of God's hand we own; Thou, promise of the Father, Thou Who dost the tongue with power imbue. Kindle our sense from above, and make our hearts overflow with love; with patience firm and virtue high the weakness of our flesh supply. Far from us drive the foe we dread, and grant us Thy peace instead; so shall we not, with Thee for guide, turn from the path of life aside. Oh, may Thy grace on us bestow the Father and the Son to know; and Thee, through endless times confessed, of both the eternal Spirit blest. Now to the Father and the Son, Who rose from death, be glory given, with Thou, O Holy Comforter, henceforth by all in earth and heaven.

Amen.



Come, O Holy Spirit, come!

From your bright and blissful Home

Rays of healing light impart.

Come, Father of the poor,

Source of gifts that will endure

Light of ev'ry human heart.

You, of all consolers best,

Of the soul, most kindly Guest,

Quick'ning courage do bestow.

In hard labor You are rest,

In the heat You refresh best,

And solace give in our woe.

O most blessed Light divine,

Let Your radiance in us shine,

And our inmost being fill.

Nothing good by man is thought,

Nothing right by him is wrought,

When he spurns Your gracious Will.

Cleanse our souls from sinful stain,

Lave our dryness with Your rain

Heal our wounds and mend our way.

Bend the stubborn heart and will,

Melt the frozen, warm the chill,

Guide the steps that go astray.

On the faithful who in You,

Trust with childlike piety,

Deign your sevenfold gift to send.

Give them virtue's rich increase,

Saving grace to die in peace,

Give them joys that never end.

Amen.

Alleluia!

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## Pentecost prayers



Come, Holy Spirit, come  
Come, Holy Spirit, come.  
Come, Lord, and take over my life  
you are true love, love divine.  
Flowing and glowing,  
brightness in my darkness,  
power in my weakness,  
peace in my troubled life.  
What beauty and purity,  
sweet fragrance and harmony  
what splendour and wonder,  
such joy and glory, Lord.  
You are so brilliant and illuming  
so caring and comforting, so gentle and renewing  
so patient and liberating, so motherly and wise.  
You are true love, divine Lord, come and take possession of  
my soul. Come, Holy Spirit, come. Amen.

## Prayer by St. Augustine of Hippo

Breathe in me O Holy Spirit  
that my thoughts may all be holy;  
Act in me O Holy Spirit  
that my works, too, may be holy;  
Draw my heart O Holy Spirit  
that I love but what is holy;  
Strengthen me O Holy Spirit  
to defend that is holy;  
Guard me then O Holy Spirit  
that I always may be holy.

## The Prayer for the Seven Gifts of the Holy Spirit:



O Lord Jesus Christ, Who,  
before ascending into heaven,  
didst promise to send the Holy  
Ghost to finish Thy work in  
the souls of Thy Apostles and  
Disciples, deign to grant the  
same Holy Spirit to me,  
that He may perfect in my soul  
the work of Thy grace and Thy

love.

Grant me the Spirit of Wisdom that I may despise the

perishable things of this world and aspire only after the things  
that are eternal,  
the Spirit of Understanding to enlighten  
my mind with the light of Thy divine truth,  
the Spirit of Counsel that I may ever choose  
the surest way of pleasing God and gaining Heaven,  
the Spirit of Fortitude that I may bear my cross with Thee,  
and that I may overcome with courage all the obstacles that  
oppose my salvation,  
the Spirit of Knowledge that  
I may know God and know myself and grow perfect in the  
science of the Saints,  
the Spirit of Piety that I may find the service of God sweet and  
amiable,  
the Spirit of Fear that I may be filled with  
a loving reverence towards God,  
and may dread in any way to displease Him.  
Mark me, dear Lord,  
with the sign of Thy true disciples and  
animate me in all things with Thy Spirit.  
Amen.

## Prayer to the Holy Spirit

Breathe into me Holy Spirit, that all my thoughts may be  
holy. Move in me, Holy Spirit, that my work, too, may be holy.  
Attract my heart, Holy Spirit, that I may love only what is holy.  
Strengthen me, Holy Spirit, that I may defend all that is holy.  
Protect me, Holy Spirit, that I always may be holy.

## Come, Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in  
them the fire of your love. Send forth your Spirit and they shall  
be created. And You shall renew the face of the earth.

## Let us pray

O, God, who by the light of the Holy Spirit, did instruct the  
hearts of the faithful, grant that by the same Holy Spirit we may  
be truly wise and ever enjoy His consolations,  
Through Christ Our Lord,  
Amen.



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## Prayer to the Holy Spirit



Spirit of wisdom and understanding, enlighten our minds to perceive the mysteries of the universe in relation to eternity. Spirit of right judgment and courage, guide us and make us firm in our baptismal decision to follow Jesus' way of love. Spirit of knowledge and reverence, help us to see the lasting value of justice and mercy in our everyday dealings with

one another.

May we respect life as we work to solve problems of family and nation, economy and ecology.

Spirit of God, spark our faith, hope and love into new action each day.

Fill our lives with wonder and awe in your presence which penetrates all creation. Amen.

## Prayer to the Holy Spirit

Oh Holy Spirit, You are the Third Person of the Blessed Trinity. You are the Spirit of truth, love and holiness, proceeding from the Father and the Son, and equal to Them in all things. I adore You and love You with all my heart. Teach me to know and to seek God, by whom and for whom I was created. Fill my heart with a holy fear and a great love for Him. Give me compunction and patience, and do not let me fall into sin. Increase faith, hope and charity in me and bring forth in me all the virtues proper to my state of life. Help me to grow in the four cardinal virtues, Your seven gifts and Your twelve fruits. Make me a faithful follower of Jesus, an obedient child of the Church and a help to my neighbor. Give me the grace to keep the commandments and to receive the sacraments worthily. Raise me to holiness in the state of life to which You have called me, and lead me through a happy death to everlasting life. Through Jesus Christ, our Lord.

Grant me also, O Holy Spirit, Giver of all good gifts, the special favor for which I ask {name special petition}, if it be for Your honor and glory and for my well being. Amen.

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## Prayer to the Holy Spirit



Holy Spirit of light and love, you are the substantial love of the Father and the Son; hear my prayer. Bounteous bestower of most precious gifts, grant me a strong and living faith which makes me accept all revealed truths and shape my conduct in accord with them.

Give me a most confident hope in all divine promises which prompts me to abandon myself unreservedly to you and your guidance.

Infuse into me a love of perfect goodwill, and act according to God's least desires. Make me love not only my friends but my enemies as well, in imitation of Jesus Christ who through you offered himself on the Cross for all people.

Holy Spirit, animate, inspire, and guide me, and help me to be always a true follower of you.

Amen.

## Prayer to the Holy Spirit for Universal Renewal

Holy Spirit, fulfill in us the work begun by Jesus. Let our prayer on behalf of the whole world be fruitful and unwavering. Hasten the time when each of us will attain a genuine spiritual life. Enliven our work that it may reach all human beings, all who have been redeemed by the Blood of Christ and all His inheritance. Take away our natural presumption and uplift us with a holy humility, with reverence for God and selfless courage. Let no vain attachment impede the work of our state in life, nor personal interest divert us from the demands of justice. May no scheming on our part reduce love to our own petty dimensions. May all be noble in us; the quest and the respect for truth, and the willingness to sacrifice even to the cross and death. And may all be accomplished in accord with the final prayer of the Son to His heavenly Father and in accord with the grace that Father and Son give through You, the Spirit of love, to the Church and to her institutions, to every soul and to all peoples. Amen.

## Prayer for the Freedom of the Spirit

Divine Spirit, Your gifts are diverse. You call some to give clear witness to the desire for a heavenly home and to keep that desire green among the human family. You summon others to dedicate themselves to the earthly service of human beings and to make ready the material of the celestial realm by this ministry of theirs. Grant all of us Your freedom so that by putting aside love of self and bringing all earthy resources into the service of human life, we can devote ourselves to that future when humanity itself will become an offering accepted by God. Amen.





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## Prayer for the Indwelling of the Spirit

Holy Spirit, powerful Consoler, sacred Bond of the Father and the Son, Hope of the afflicted, descend into my heart and establish in it Your loving dominion. Enkindle in my tepid soul the fire of Your Love so that I may be wholly subject to You. We believe that when you dwell in us, You also prepare a dwelling for the Father and the Son. Deign, therefore, to come to me, Consoler of abandoned souls, and Protector of the needy. Help the afflicted, strengthen the weak, and support the wavering. Come and purify me, Let no evil desire take possession of me. You love the humble and resist the proud. Come to me, Glory of the living, and Hope of the dying. Lead me by Your grace that I may always be pleasing to you. Amen.

## Prayer for the Seven Gifts of the Spirit

O Lord Jesus through You I humbly beg the merciful Father to send the holy Spirit of grace, that He may bestow upon us His sevenfold gifts. May He send us the gift of wisdom, which will make us relish the Tree of Life that is none other than Yourself; the gift of understand, which will enlighten us; the gift of counsel, which will guide us in the way of righteousness; and the gift of fortitude, which will give us the strength to vanquish the enemies of our sanctification and salvation. May He impart to us the gift of knowledge, which will enable us to discern Your teaching and distinguish good from evil; the gift of piety, which will make us enjoy true peace; and the gift of fear, which will make us shun all iniquity and avoid all danger of offending Your Majesty. To the Father and to the Son and to the Holy Spirit be given all glory and thanksgiving forever. Amen.

## Prayer for Propagation of the Faith



O Holy Spirit, You desire the salvation of all human beings and for that purpose You want all of them to acquire the knowledge of Your Truth. Grant to all of them Your powerful Light and Your Love of Goodwill that they may give glory to God in unity of faith, hope, and love. Send laborers into the harvest who are truly animated by You Who are the Soul of the missionary

Church. Amen.

## Prayer to Receive the Holy Spirit

O King of glory, send us the Promise of the Father, the Spirit of Truth. May the Counselor Who proceeds from You enlighten us and infuse all truth in us, as You have promised. Amen.

## Miracle Prayer to the Holy Spirit

“Dear Holy Spirit, you who make me see everything and show me the way to reach my goals. You who give me the Holy gift to forgive and forget the wrong that is done to me and you who are in all periods of my life with me. I, in this short conversation, want to thank you for everything, and confirm once more that I never want to be parted from you. No matter how great the material desires may be. I wish to be with you and my loved ones in your eternal glory. Amen.

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### The Day of Pentecost

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### What Is Pentecost?

**YouTube** <https://www.youtube.com/watch?v=piBWSmgFaUM>

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**YouTube** <https://www.youtube.com/watch?v=a4EiXCUAmD0>

### Pentecost | Catholic Central

### Pentecost Explained in 3 Minutes (with puppets!)

**YouTube** <https://www.youtube.com/watch?v=7TZofFP0WTM>

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**YouTube** [https://www.youtube.com/watch?v=ubPKLDF\\_G6E](https://www.youtube.com/watch?v=ubPKLDF_G6E)

### Understanding Pentecost and the Feast of Weeks

### Come Holy Spirit | Catholic Prayer to the Holy Spirit

**YouTube** <https://www.youtube.com/watch?v=ly2kgxvc1A0>

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**YouTube** <https://www.youtube.com/watch?v=xbc9Upif8cg>

### Pentecost and the seven gifts

### Spiritual Theology Series: Fruits of the Holy Spirit ~ Fr Ripperger

**YouTube** <https://www.youtube.com/watch?v=49cvCPgPGjU>

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