





*You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.*

*Mk 12:30*

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary



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St. Michael the Archangel defend us in the day of battle!



JESUS  
I TRUST  
IN YOU !

SCAN ME

**9 DAY NOVENA** 30<sup>th</sup> September – 8<sup>th</sup> October

**ST JOHN HENRY NEWMAN FEAST DAY** 9<sup>th</sup> October



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## Day 5: Christ's Passion

Who could have fancied that Thy creation of the universe implied and involved in it Thy humiliation? O my great God, Thou hast humbled Thyself, Thou hast stooped to take our flesh and blood, and hast been lifted up upon the tree! I praise and glorify Thee tenfold the more, because Thou hast shown Thy power by means of Thy suffering, than hadst Thou carried on Thy work without it.

**Prayer:** I wish to bear insult meekly, and to return good for evil. I wish to humble myself in all things, and to be silent when I am ill-used, and to be patient when sorrow or pain is prolonged, and all for the love of Thee, and Thy Cross, knowing that in this way I shall gain the promise both of this life and of the next.

**Recite Concluding Prayer, Our Father, Hail Mary, Glory Be**

## Day 6: Christ's Resurrection

Thy Body has part in Thy power, rather than Thou hast part in its weakness. For this reason, my God, it was, that Thou couldst not but rise again, if Thou wast to die-because Thy Body, once taken by Thee, never was or could be separated from Thee, even in the grave. It was Thy Body even then, it could see no corruption; it could not remain under the power of death.

**Prayer:** I adore Thy Most Holy Body, O my dear Jesus, the instrument of our redemption.

**Recite Concluding Prayer, Our Father, Hail Mary, Glory Be**

## Day 7: Christ's Ascension

O memorable day! The Apostles feel it to be so, now that it is come, though they felt so differently before it came. When it was coming they dreaded it. They could not think but it would be a great bereavement; but now, as we read, they returned to Jerusalem "with great joy." O what a time of triumph! (...) It was the triumph of redeemed man. It is the completion of his redemption. It was the last act, making the whole sure, for now man is actually in heaven. He has entered into possession of his inheritance. The sinful race has now one of its own children there, its own flesh and blood, in the person of the Eternal Son.

**Prayer:** I choose Thee then for my One Portion, because Thou livest and diest not. I cast away all idols. I give myself to Thee. I pray Thee to teach me, guide me, enable me, and receive me to Thee.

**Recite Concluding Prayer, Our Father, Hail Mary, Glory Be**

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## Day 8: The Holy Eucharist

Such a sacrifice was not to be forgotten. It was not to be-it could not be-a mere event in the world's history, which was to be done and over, and was to pass away except in its obscure, unrecognised effects. If that great deed was what we believe it to be, what we know it is, it must remain present, though past; it must be a standing fact for all times.

**Prayer:** My Lord, I offer Thee myself in turn as a sacrifice of thanksgiving. Thou hast died for me, and I in turn make myself over to Thee. I am not my own. Thou hast bought me; I will by my own act and deed complete the purchase.

**Recite Concluding Prayer, Our Father, Hail Mary, Glory Be**

## Day 9: The Holy Spirit



I adore Thee, my Lord and God, the Eternal Paraclete, co-equal with the Father and the Son. I adore Thee as the Life of all that live. Through Thee the whole material Universe hangs together and consists, remains in its place, and moves internally in the order and reciprocity of its several parts. I ADORE Thee, O my Lord, the Third Person of the All-Blessed Trinity, that Thou hast set up in this world of sin a great light upon a hill. Thou hast founded the Church, Thou hast established and maintained it.

**Prayer:** Stay with me, and then I shall begin to shine as Thou shonest: so to shine as to be a light to others. The light, O Jesus, will be all from Thee. None of it will be mine. (...) Make me preach Thee without preaching-not by words, but by my example and by the catching force, the sympathetic influence, of what I do-by my visible resemblance to Thy saints, and the evident fulness of the love which my heart bears to Thee.

**Recite Concluding Prayer, Our Father, Hail Mary, Glory Be**

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