



*You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.*

*Mk 12:30*

# BLESS MY FAMILY BLESS MY CHURCH

**St. Michael Center for the Blessed Virgin Mary**



P.O. Box 8461, Honolulu, HI 96830-8461  
Phone: USA (808) 943-7088  
GoodNews@SaintMichaelUSA.org  
<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



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**SAINT BLAISE**

**February 3<sup>rd</sup>**



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## Saint Blaise



A.D. 289, February 3, patron saint of Ragusa, of wool-combers, wild animals, and against diseases of the throat, was Bishop of Sebaste, in Cappadocia, but was driven by persecution to the mountains, where he took refuge in a cave. The place was infested with wild beasts, but they were quite subdued by Saint Blaise, and lived in peace around him, coming each morning to ask his blessing. Some hunters discovering him accused him of sorcery, and dragged him before the prefect. On the way he healed the only child of a poor woman who was choked by a fish-bone, and caused a wolf to restore to another poor woman her pig which it had taken. Being brought before the governor, Saint Blaise was scourged and cast into a dungeon to starve, but the woman whose pig he had restored, killed it, and gave it him to eat. Then he was taken out again, and his flesh cruelly torn with iron combs like those used by wool-combers, after which he was beheaded. Emblems – Iron comb. Bishop's robes.

## A PRAYER TO SAINT BLAISE

O glorious Saint Blaise, who by thy martyrdom didst leave to the Church a precious witness to the faith, obtain for us the grace to preserve within ourselves this divine gift, and to defend, without human respect, both by word and example, the truth of that same faith, which is so wickedly attacked and slandered in these our times. Thou who didst miraculously restore a little child when it was at the point of death by reason of an affliction of the throat, grant us thy mighty protection in like misfortunes; and, above all, obtain for us the grace of Christian mortification, together with a faithful observance of the precepts of the Church, which may keep us from offending almighty God. Amen.

## PRAYER IN HONOR OF ST. BLAISE



O God, deliver us through the intercession of Thy holy bishop and martyr Blaise, from all evil of soul and body, especially from all ills of the throat; and grant us the grace to make a good confession in the confident hope of obtaining Thy pardon, and ever to praise with worthy lips Thy most holy name. Through Christ our Lord.

Amen.

## Throat Blessing of St Blaise

Through the intercession of St Blaise, bishop and martyr, may God deliver you from ailments of the throat and from every other evil. † In the Name of the Father, and of the Son and of the Holy Spirit. Amen.

*... St Blaise, Pray for Us ...*

**Novena in Honor of St. Blaise**

## PREPARATORY PRAYER

Almighty and Eternal God! With lively faith and reverently worshiping Thy Divine Majesty, I prostrate myself before Thee and invoke with filial trust Thy supreme bounty and mercy. Illumine the darkness of my intellect with a ray of Thy heavenly light and inflame my heart with the fire of Thy divine love, that I may contemplate the great virtues and merits of the saint in whose honor I make this novena, and following his example imitate, like him, the life of Thy divine Son. Moreover, I beseech Thee to grant graciously, through the merits and intercession of this powerful Helper, the petition which through him I humbly place before Thee, devoutly saving, 'Thy will be done on earth as it is in heaven.' Vouchsafe graciously to hear it, if it redounds to Thy greater glory and to the salvation of my soul. Amen.

## PRAYER IN HONOR OF ST. BLAISE

O God, deliver us through the intercession of Thy holy bishop and martyr Blaise, from all evil of soul and body, especially from all ills of the throat; and grant us the grace to make a good confession in the confident hope of obtaining Thy pardon, and ever to praise with worthy lips Thy most holy name. Through Christ our Lord. Amen.

## INVOCATION OF ST. BLAISE

St. Blaise, gracious benefactor of mankind and faithful servant of God, who for the love of our Savior did suffer so many tortures with patience and resignation; I invoke thy powerful intercession. Preserve me from all evils of soul and body. Because of thy great merits God endowed thee with the special grace to help those that suffer from ills of the throat; relieve and preserve me from them, so that I may always be able to fulfill my duties, and with the aid of God's grace perform good works. I invoke thy help as special physician of souls, that I may confess my sins sincerely in the holy sacrament of Penance and obtain their forgiveness. I recommend to thy merciful intercession also those who unfortunately concealed a sin in confession. Obtain for them the grace to accuse themselves sincerely and contritely of the sin they concealed, of the sacrilegious confessions and communions they made, and of all the sins they committed since then, so that they may receive pardon, the grace of God, and the remission of the eternal punishment. Amen.

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### PRAYER

My Lord and my God! I offer up to Thee my petition in union with the bitter passion and death of Jesus Christ, Thy Son, together with the merits of His immaculate and blessed Mother, Mary ever virgin, and of all the saints, particularly with those of the holy Helper in whose honor I make this novena.

Look down upon me, merciful Lord! Grant me Thy grace and Thy love, and graciously hear my prayer. Amen.

**Ask for St. Blaise's intercession to prepare for a worthy observance of Lent.**



Accept, O glorious martyr, the praise which we offer you, in union with that given you by the whole Church. In return for this homage of our veneration, look down upon the Christian people, who are now preparing to enter in the season of penance and to be converted to the Lord their God by holy compunction and tears. We ask it of you by your own combat,

assist us in the one for which we are preparing. When duty required you to undergo tortures and death, it found you ready and brave. Our duty is expiation by penance and your prayers must get us courage. Our enemies are not more cruel than yours, but they are more treacherous, and if we spare them, we are lost. Obtain for us that heavenly assistance, which enabled you to conquer. Amen.

### COLLECT PRAYER

Hear, O Lord, the supplications your people make under the patronage of the Martyr Saint Blaise, and grant that they may rejoice in peace in this present life, and find help for life eternal. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever. Amen.

**Prayer for the Feast of St. Blaise and the Blessing of the Throats**

Almighty and eternal God, St. Blaise was a faithful servant whose life serves as a model for us all, he lived a life of faith and trusted in your divine mercy. You gave him a special gift of healing, a sign of the miraculous power of your love. Grant to us your protection against the forces of evil and illness. As we encounter you in the Eucharist, help us also to see you in those who are sick and in need of physical healing. We ask for these things in your Holy Name. Amen.

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### DAILY PRAYER

St. Blaise, gracious benefactor of mankind and faithful servant of God, who for the love of our savior suffered many tortures with patience and resignation; I invoke your powerful intercession. Preserve me from all evils of body and soul. Because of your special merits, God has given you special graces to help those who suffer from ills of the throat. Relieve and preserve me from them, so that I may always be able to fulfil my duties and with the aid of God's grace, perform good works. I invoke your help as special physician of souls that I may confess my sins sincerely in the holy sacrament of penance and obtain their forgiveness. Amen.

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**Who is Saint Blaise**

**You Tube** <https://youtu.be/qb72zk5DkeM>

**St. Blaise**

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**St. Blaise**

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**Story of Saint Blaise |  
Stories of Saints | Episode 113**

**You Tube** <https://youtu.be/g7Tkqj4r2zY>

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