



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

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St. Michael the Archangel defend us in the day of battle!



**JESUS
I TRUST
IN YOU!**

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SAINT BRENDAN

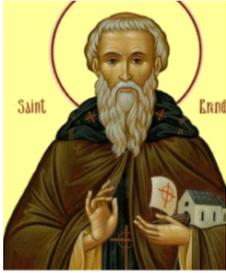
May 16th

<https://saintmichaelusa.org/0516-St-Brendan>



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Patron of sailors and sea voyagers.



St. Brendan of Clonfert (484–577 AD) was an early Irish monk, abbot, and missionary.

He is most famous for his legendary voyage across the Atlantic in a small leather-clad boat called a curragh.

His journey is recorded in the medieval text *The Voyage of St. Brendan (Navigatio Sancti Brendani)*, where Brendan and fellow monks sail in search of the “Isle of the Blessed” — a place symbolic of Heaven.

Prayer of St. Brendan

Help me to journey beyond the familiar and into the unknown. Give me the faith to leave old ways and break fresh ground with You. Christ of the mysteries, I trust You to be stronger than each storm within me. I will trust in the darkness and know that my times, even now, are in Your hand. Tune my spirit to the music of heaven, and somehow, make my obedience count for You

Short Prayer to St. Brendan

St. Brendan, fearless voyager and faithful monk, guide all sailors and travelers upon the sea. Calm the storms that threaten them,

lead them safely to their destination, and help them trust in God on every journey. Amen.

Prayer for Those at Sea

O St. Brendan the Navigator, you placed yourself in God’s hands

and sailed into the unknown. Protect all who travel by water—sailors, fishermen, and all who work upon the sea. Keep them safe from danger, grant them steady winds and peaceful waves, and bring them safely home. Pray for us, that we may navigate life’s storms with faith and courage. Amen.



<https://www.instagram.com/stmichaeljmj>

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St. Brendan’s Prayer

Shall I abandon, O King of mysteries, the soft comforts of home? Shall I turn my back on my native land, and turn my face towards the sea?

Shall I put myself wholly at your mercy, without silver, without a horse, without fame, without honour? Shall I throw myself wholly upon You, without sword and shield, without food and drink, without a bed to lie on? Shall I say farewell to my beautiful land, placing myself under Your yoke?

Shall I pour out my heart to You, confessing my manifold sins and begging forgiveness, tears streaming down my cheeks? Shall I leave the prints of my knees on the sandy beach, a record of my final prayer in my native land?

Shall I then suffer every kind of wound that the sea can inflict? Shall I take my tiny boat across the wide sparkling ocean? O King of the Glorious Heaven, shall I go of my own choice upon the sea?

O Christ, will You help me on the wild waves?

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**The Miraculous Journey of
St. Brendan**

[YouTube https://www.youtube.com/shorts/nHnUG-nrBjw](https://www.youtube.com/shorts/nHnUG-nrBjw)

**The Enigmatic Voyages of
Saint Brendan**

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[YouTube https://www.youtube.com/shorts/4wCKZ1kIMb4](https://www.youtube.com/shorts/4wCKZ1kIMb4)

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**Inspiring Powerful Prayer of ST. BRENDAN
the Navigator / Feast Day: May 16**

[YouTube https://youtu.be/BbGGWu7R_A4](https://youtu.be/BbGGWu7R_A4)

**Prayers to St. Brendan the Navigator | Patron
Of Boatmen, sailors, whales, mariners**

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[YouTube https://youtu.be/SxzWcyTQZGU](https://youtu.be/SxzWcyTQZGU)



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