



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

P.O. Box 8461, Honolulu, HI 96830-8461  
Phone: USA (808) 943-7088  
GoodNews@SaintMichaelUSA.org  
<https://saintmichaelusa.org/>



St. Michael the Archangel defend us in the day of battle!



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## SAINT RITA OF CASCIA

May 22<sup>nd</sup>



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<https://saintmichaelusa.org/0522-St-Rita-of-Cascia>

### Saint Rita of Cascia



St. Rita was a female saint living during the 14th and 15th century in Italy. Although she was married at any early age to an abusive husband, with whom her relationship lasted for more than 18 years, she was a model wife who prayed constantly for her husband. Even after her husband died in a feud, she discouraged her sons from trying to seek revenge.

Following their death, Rita entered the convent in Cascia.

Today, St. Rita is known as the patron saint for abused women, mourning wives and impossible causes. Many women turn to her during times of despair, after a death in the family or even after a divorce. She is often depicted in artwork and on medals in a religious sister's habit, with roses or a rose crown.

### Novena Prayer to Saint Rita of Cascia

O Holy Patroness of those in need, St. Rita, whose pleadings before thy Divine Lord are almost irresistible, who for thy lavishness in granting favors hast been called the Advocate of the HOPELESS and even of the IMPOSSIBLE; St. Rita, so humble, so pure, so mortified, so patient and of such compassionate love for the Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God on behalf of thy suppliant; be lavish to us, as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thine own devotion, and for the consolation of those who trust in thee.

We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever.

Relying then upon thy merits and power before the Sacred Heart of Jesus, we pray thee grant that (here mention your request).

By the singular merits of thy childhood, **obtain for us our request.**

By thy perfect union with the Divine Will, **obtain for us our request.**

By thy heroic sufferings during thy married life, **obtain for us our request.**

By the consolation thou didst experience at the conversion of thy husband, **obtain for us our request.**

By the sacrifice of thy children rather than see them grievously offend God, **obtain for us our request.**

By the severe penances and trice daily scourgings, **obtain for us our request.**

By the suffering caused by the wound thou didst receive from the thorn of thy Crucified Savior, **obtain for us our request.**

By the divine love which consumed thy heart, **obtain for us our request.**

By that remarkable devotion to the Blessed Sacrament, on which alone thou dost exist for four years, **obtain for us our request.**

By the happiness with which thou didst part from thy trials to join thy Divine Spouse, **obtain for us our request.**

By the perfect example you gavest to people of every state of life, obtain for us our request.

Pray for us, O holy St. Rita, **that we may be made worthy of the promises of Christ.**

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### Saint Rita - Clip

[YouTube https://youtu.be/2eFY-Jis2Ng](https://youtu.be/2eFY-Jis2Ng)

### Prayer To St Rita for Impossible Cases & Special Needs

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[YouTube https://youtu.be/ULT3Yz9VG6k](https://youtu.be/ULT3Yz9VG6k)



<https://www.tiktok.com/@stmichaeljmj>

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## Let us pray



O God, Who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, Blessed Rita, and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward of her compassionate love and firm reliance on Thy promise, have pity on our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless, and the strength of those who trust in Thee, through Jesus Christ, Our Lord. Amen.

## Petition Prayer I

O Powerful St. Rita, rightly called Saint of the Impossible, I come to you with confidence in my great need. You know well my trials, for you yourself were many times burdened in this life. Come to my help, speak for me, pray with me, intercede on my behalf before the Father. I know that God has a most generous heart and that he is a most loving Father.

Join your prayers to mine and obtain for me the grace I desire: **(Share your request...)**

You who were so very pleasing to God on earth and are so much more now in heaven, I promise to use this favour, when

granted, to better my life, to proclaim God's mercy, and to make you more widely known and loved. Amen.

## Petition Prayer II



Holy Patroness of those in need, Saint Rita, so humble, pure and patient, whose pleadings with thy Divine Spouse are irresistible, obtain for me from thy Crucified Christ my request: **(Share your request...)**

Be kind to me, for the greater glory of God, and I promise to honour thee and to sing thy praises forever.

O Glorious St. Rita, who didst miraculously participate in the sorrowful Passion of our Lord Jesus

Christ, obtain for me the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen.

O Holy Spirit, You desire the salvation of all human beings and for that purpose You want all of them to acquire the knowledge of Your Truth. Grant to all of them Your powerful Light and Your Love of Goodwill that they may give glory to God in unity of faith, hope, and love.

Send laborers into the harvest who are truly animated by You Who are the Soul of the missionary Church. Amen.

**My Catholic Family - 2015-12-26 - Saint Rita of Cascia**

You <https://youtu.be/mE162kxamKk>

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**vimeo**

<https://vimeo.com/stmichaeljmj>

**Biography of Saint Rita of Cascia**

You <https://youtu.be/-wHHDcPh7qU>

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**Story of Saint Rita of Cascia | Stories of Saints**

You <https://youtu.be/ChtXbYVdgl4>

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**Once Upon a Saint - St. Rita of Cascia - May 22nd**

You [https://youtu.be/4Ho\\_kTtaakg](https://youtu.be/4Ho_kTtaakg)

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<https://x.com/stmichaelpeace>



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