



You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.

Mk 12:30

# BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

P.O. Box 8461, Honolulu, HI 96830-8461  
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GoodNews@SaintMichaelUSA.org  
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St. Michael the Archangel defend us in the day of battle!



JESUS I TRUST IN YOU!

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ST ALPHONSUS LIGUORI

August 1<sup>st</sup>



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<https://saintmichaelusa.org/0801-St-Alphonsus-Liguori>

## St. Alphonsus Maria de Liguori



He was born in a village called Marianella in Italy on September 27, 1696. He was a practicing lawyer. After losing an important case in a court, he entered the religious life and was ordained a priest on December 21, 1726. He wanted to serve the poor people in the slums and founded a congregation of the Most Holy Redeemer on November 9, 1732 for this purpose.

The members of the congregation are generally called a Redemptorists. He was appointed as the Bishop of St. Agatha in 1762 but retired from the office of the Bishop in 1775. He was a spiritual writer and was considered as a great theologian. He wrote 111 works on spirituality and theology. He spent every minute usefully and for good purposes only. He died on August 1, 1787. He was beatified by Pope Pius-VII on September 15, 1816 and canonized by Pope Gregory-XVI on May 26, 1839. He was proclaimed as Doctor of the Church in 1871 by Pope Pius-IX. He is the patron of Confessors and Moralists.

## The Act of Spiritual Communion by St. Alphonsus Liguori

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.



<https://vimeo.com/stmichaeljmj>

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## St. Alphonsus Liguori Novena

Glorious St Alphonsus, loving Father of the poor and sick, all your life you devoted yourself, with a heroic charity, to lighten their spiritual and bodily miseries.

Full of confidence in your tender pity for the sick, since you yourself patiently borne the cross of illness, I come to you for help in my present need...

**(Share your request...)**

Loving father of the suffering, St Alphonsus, look with compassion upon me in my suffering.

Ask God to give me good health.

If it is not God's will, then give me the strength to bear my cross patiently and to offer my sufferings with my crucified Saviour

and his Mother of Sorrows, for the glory of God and the salvation of souls, in reparation for my sins and those of others, for the needs of this troubled world, and the Holy Souls in purgatory. Amen.

Say: One Our Father, one Hail Mary and one Glory Be.

## The Life of St Alphonsus Liguori - TRAILER (2018)

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<https://youtu.be/cUHRyWvnRD4>



<https://x.com/stmichaelpeace>

## Saint Alphonsus Liguori Biography and Prayer

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<https://youtu.be/b517UHBYsiM>



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## Prayer for the Gifts of the Holy Spirit

Holy Spirit, divine Consoler, I adore You as my true God, with God the Father and God the Son. I adore You and unite myself to the adoration You receive from the angels and saints.

I give You my heart and I offer my ardent thanksgiving for all the grace which You never cease to bestow on me.

O Giver of all supernatural gifts, who filled the soul of the Blessed Virgin Mary, Mother of God, with such immense favours, I beg You to visit me with Your grace and Your love and to grant me the gift of holy fear, so that it may act on me as a check to prevent me from falling back into my past sins, for which I beg pardon.

**Grant me the gift of piety**, so that I may serve You for the future with increased fervour, follow with more promptness Your holy inspirations, and observe your divine precepts with greater fidelity.

**Grant me the gift of knowledge**, so that I may know the things of God and, enlightened by Your holy teaching, may walk, without deviation, in the path of eternal salvation.

**Grant me the gift of fortitude**, so that I may overcome courageously all the assaults of the devil, and all the dangers of this world which threaten the salvation of my soul.

**Grant me the gift of counsel**, so that I may choose what is more conducive to my spiritual advancement and may discover the wiles and snares of the tempter.

**Grant me the gift of understanding**, so that I may apprehend the divine mysteries and by contemplation of heavenly things detach my thoughts and affections from the vain things of this miserable world.

**Grant me the gift of wisdom**, so that I may rightly direct all my actions, referring them to God as my last end; so that, having

**loved Him and served Him in this life**, I may have the happiness of possessing Him eternally in the next. Amen.



<https://x.com/stmichaelpeace>

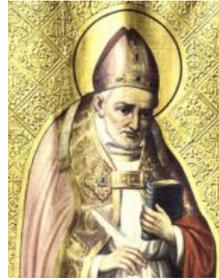
The Catholic Storyteller: The Life of St. Alphonsus Liguori (Bi-Location & Reading of Hearts)

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YouTube <https://youtu.be/zbtirYbhZl>

## NOVENA TO ST. ALPHONSUS LIGUORI



(To be said for nine consecutive days with the Litany)

O my glorious and well-beloved patron, Saint Alphonsus, thou who didst toil and suffer so abundantly to assure to men the fruits of the Redemption, behold the miseries of my poor soul and have pity on me. By thy powerful intercession with Jesus and Mary, obtain for me true repentance for my sins together with their pardon and remission, a deep hatred of sin, and strength evermore to resist all temptations. Share with me, I pray, at least a spark of that fire of love wherewith thy heart did ever burn; and grant that, following thy example, I may make the will of God the only rule of my life. Obtain for me likewise a fervent and lasting love of Jesus, and a tender and childlike devotion to Mary, together with the grace to pray without ceasing and to persevere in the service of God even to the end of my life, that so I may finally be united with thee in praising God and most holy Mary through all eternity Amen. *(Indulgence of 300 days)*

## Novena Prayer for a Special Request to St. Alphonsus

"O Glorious Saint Alphonsus, loving father of the suffering, look with compassion upon me in my sickness. I place myself under your protection that you may always be my guide in the way of holiness and salvation. I earnestly trust that if it is God's holy Will, my petition will be granted through your intercession for me at the throne of God. *(Mention your request here...)* Saint Alphonsus, pray for me and for those I love. I beg of you, by your love for Jesus and Mary, do not abandon us in our needs. May we experience the peace and joy of your holy death. Amen."

## Rediscovery and the Redemptorists

In 1812, the church of St. Matthew was destroyed during the Napoleonic wars, and the icon was hidden away in a private chapel. In 1866, Pope Pius IX entrusted the icon to the Redemptorist Fathers and instructed them to "make her known throughout the world." The icon was enshrined in the Church of St. Alphonsus Liguori in Rome, which was built near the site of the original Church of St. Matthew.

Powerful Quotes from a Catholic Saint | Alphonsus Liguori

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YouTube <https://youtu.be/wjpfOPrmN6g>



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