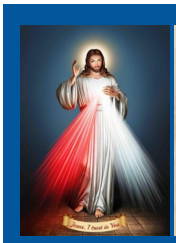

You shall love the LORD your GOD with all your heart, with all your soul, with all your mind, and with all your strength.
Mk 12:30

BLESS MY FAMILY BLESS MY CHURCH

St. Michael Center for the Blessed Virgin Mary

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SAINT BENEDICT

July 11th

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PRAYER OF SAINT BENEDICT

O Lord, I place myself in your hands and dedicate myself to you. I pledge myself to do your will in all things: To love the Lord God with all my heart, all my soul, all my strength.

Not to kill. Not to steal. Not to covet. Not to bear false witness. To honor all persons. Not to do to another what I would not wish done to myself. To chastise the body. Not to seek after pleasures. To love fasting. To relieve the poor. To clothe the naked. To visit the sick. To bury the dead. To help in trouble. To console the sorrowing. To hold myself aloof from worldly ways. To prefer nothing to the love of Christ. Not to give way to anger. Not to foster a desire for revenge. Not to entertain deceit in the heart. Not to make a false peace. Not to forsake charity. Not to swear, lest I swear falsely. To speak the truth with heart and tongue. Not to return evil for evil. To do no injury: yea, even to bear patiently any injury done to me. To love my enemies. Not to curse those who curse me, but rather to bless them. To bear persecution for justice's sake.

Not to be proud. Not to be given to intoxicating drink. Not to be an over-eater. Not to be lazy. Not to be slothful. Not to be a murmurer. Not to be a detractor. To put my trust in God.

To refer the good I see in myself to God. To refer any evil in myself to myself. To fear the Day of Judgment. To be in dread of hell. To desire eternal life with spiritual longing. To keep death before my eyes daily. To keep constant watch over my actions. To remember that God sees me everywhere. To call upon Christ for defense against evil thoughts that arises in my heart.

To guard my tongue against wicked speech. To avoid much speaking. To avoid idle talk.

To read only what is good to read. To look at only what is good to see. To pray often. To ask forgiveness daily for my sins, and to seek ways to amend my life. To obey my superiors in all things rightful. Not to desire to be thought holy, but to seek holiness. To fulfill the commandments of God by good works. To love chastity. To hate no one. Not to be jealous or envious of anyone. Not to love strife. Not to love pride. To honor the aged. To pray for my enemies. To make peace after a quarrel, before the setting of the sun. Never to despair of your mercy, O God of Mercy. Amen.

Novena Prayer to St. Benedict

O glorious St. Benedict, sublime model of all virtues, pure vessel of God's grace! Behold me, humbly kneeling at thy feet. I implore thy loving heart to pray for me before the throne of God. To thee I have recourse in all the dangers which daily surround me. Shield me against my enemies, inspire me to imitate thee in all things. May thy blessing be with me always, so that I may shun whatever God forbids and avoid the occasions of sin.

Graciously obtain for me from God those favors and graces of which I stand so much in need, in the trials, miseries and afflictions of life. Thy heart was always so full of love, compassion, and mercy towards those who were afflicted or troubled in any way. Thou didst never dismiss without consolation and assistance any one who had re-course to thee. I therefore invoke thy powerful intercession, in the confident hope that thou wilt hear my prayers and obtain for me the special grace and favor I so earnestly implore **(mention it),** if it be for the greater glory of God and the welfare of my soul.

Help me, O great St. Benedict, to live and die as a faithful child of God, to be ever submissive to His holy will, and to attain the eternal happiness of heaven. Amen.

Prayer to St. Benedict for a Happy Death

O holy Father, St. Benedict, blessed by God both in grace and in name, who, while standing in prayer, with hands raised to heaven, didst most happily yield thy angelic spirit into the hands of thy Creator, and hast promised zealously to defend against all the snares of the enemy in the last struggle of death, those who shall daily remind thee of thy glorious departure and heavenly joys; protect me, I beseech thee, O glorious Father, this day and every day, by thy holy blessings, that I may never be separated from our dear Lord, from the society of thyself, and of all the blessed. Through the same Christ our Lord. Amen.

St. Benedict himself revealed to St. Gertrude - also one of the greatest saints in the history of the Catholic Church, and herself a Benedictine nun - that "whoever reminds me of the extraordinary privilege with which God deigned to glorify my last moments, shall experience my particular assistance in his final combat. I will be a faithful protector against the assaults of the enemy. Fortified by my presence, he will escape the snares of the evil one and safely attain eternal happiness."

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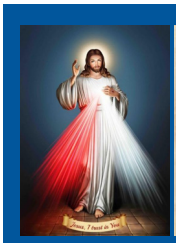

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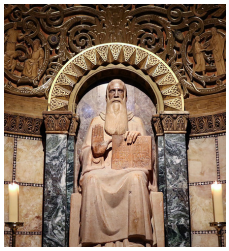
Short Prayer to St. Benedict (Against Poisoning of the Body and Soul)



Admirable Saint and Doctor of Humility, you practiced what you taught, assiduously praying for God's glory and lovingly fulfilling all work for God and the benefit of all human beings. You know the many physical dangers that surround us today often caused or occasioned by human inventions. Guard us against poisoning of the body as well as of mind and soul, and thus be truly a "Blessed" one for us. Amen.

A Prayer for Personal Protection

"Dear Saint Benedict, I thank God for showering you with His grace to love Him above all else and to establish a monastic rule that has helped so many of His children live full and holy lives.
Through the cross of Jesus Christ, I ask you to please intercede that God might protect me, my loved ones, my home, property, possessions, and workplace today and always by your holy blessing, that we may never be separated from Jesus, Mary, and the company of all the blessed. Through your intercession may we be delivered from temptation, spiritual oppression, physical ills, and disease. Protect us from drug and alcohol abuse, impurity and immorality, objectionable companions, and negative attitudes. In Jesus' Name. Amen."

Prayer of St Benedict

Gracious and Holy Father
Give us wisdom to perceive you
Intelligence to understand you
Diligence to see you
Patience to wait for you
Eyes to behold you
A heart to meditate on you
And a life to proclaim you
Through the power of the
Spirit of Jesus Christ, Our Lord
Amen.

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Who is St. Benedict?
YouTube https://youtu.be/OyC9D5CEhrQ

St. Benedict HD
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The Litany of St. Benedict

Lord, have mercy on us, Christ, have mercy on us. God the Father of Heaven, Have mercy on us. God the Son, Redeemer of the world, Have mercy on us. God, the Holy Spirit, Have mercy on us. Holy Trinity, One God, Have mercy on us. litany of st benedict St. Benedict Jubilee Medal Saint Benedict stands on a pedestal, a shepherd's crook in his arm, holding the cross of Jesus in his right hand and his famous Rule in his left. On his right side we see the poisoned cup that could not kill him, and on his left an image of the raven that fed him.
Holy Mary, Pray for us. Holy Mary, Mother of God, Pray for us. Holy Virgin of virgins, Pray for us. Holy Father, Saint Benedict, Pray for us. Father most reverend, Pray for us. Father most renowned, Pray for us. Father most compassionate, Pray for us. Man of great fortitude, Pray for us. Man of venerable life, Pray for us. Man of the most holy conversation, Pray for us. True servant of God, Pray for us. Light of devotion, Pray for us. Light of prayer, Pray for us. Light of contemplation, Pray for us. Star of the world, Pray for us. Best master of an austere life, Pray for us. Leader of the holy warfare, Pray for us. Leader and chief of monks, Pray for us. Master of those who die to the world, Pray for us. Protector of those who cry to thee, Pray for us. Wonderful worker of miracles, Pray for us. Revealer of the secrets of the human heart, Pray for us. Master of spiritual discipline, Pray for us. Companion of the patriarchs, Pray for us. Equal of the prophets, Pray for us. Follower of the Apostles, Pray for us. Teacher of Martyrs, Pray for us. Father of many pontiffs, Pray for us. Gem of abbots, Pray for us. Glory of Confessors, Pray for us. Imitator of anchorites, Pray for us. Associate of virgins, Pray for us. Colleague of all the Saints, Pray for us. Lamb of God, Who takest away the sins of the world, Spare us, O Lord. Lamb of God, Who takest away the sins of the world, Graciously hear us, O Lord. Lamb of God, Who takes away the sins of the world, Have mercy on us.
V. Intercede for us, O holy father Saint Benedict,
R. That we may be made worthy of the promises of Christ.

The Litany of St. Benedict

O God, Who hast called us from the vanity of the world, and Who dost incite us to the reward of a heavenly vocation under the guidance of our holy patriarch and founder, Saint Benedict, inspire and purify our hearts and pour forth on us Thy grace, whereby we may persevere in Thee. Through Jesus Christ, Our Lord. Amen.

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The Rule of St. Benedict
YouTube https://youtu.be/e3C39BqPJGU

st benedict prayer
YouTube https://youtu.be/8CxlehM_t-A

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